

Deduction Checklist

To make sure you get the correct SNAP benefit, give your caseworker information about your household. This includes information on income, resources and household costs. Some household costs are called “deductions.”

What is a deduction?

It is a subtraction from your income used to figure out your SNAP benefits. Some household expenses count as deductions. Deductions are an important part of making sure you get the right amount of SNAP benefits for you.

How do I get a deduction?

You may get for a deduction if you...

- ✓ **Pay for child care.**
- ✓ **Pay for care of an elderly or disabled family member.**
- ✓ **Have medical expenses over \$35** that are not paid by insurance or someone else. Medical expenses are things like doctors' bills, transportation to or from the doctor, and medicine or medical equipment.
- ✓ **Pay child support.**
- ✓ **Spend more than half of your income on shelter.** Shelter costs are things like electricity, water, a basic fee for one telephone, and rent or mortgage payments.
- ✓ **Are homeless.**
- ✓ **Work.**

If any of these apply to you, then you might get a deduction.

Where do I find out more?

Contact your [local SNAP office](http://www.fns.usda.gov/snap/outreach/map.htm) (<http://www.fns.usda.gov/snap/outreach/map.htm>) for more information about your benefits.

For general information, visit the [SNAP eligibility website](http://www.fns.usda.gov/snap/applicant_recipients/eligibility.htm). (www.fns.usda.gov/snap/applicant_recipients/eligibility.htm)